



## Sample lesson

Thank you for accepting my invitation to visit the kingdom of mandalas and welcome in the on-line course *The Way of Mandala*.

At first, let us have a look how to work with a mandala.

### You will need:

- any sample of a mandala (you may use any of mandalas provided in the working sheets – see down under the video link)
- artistic material you like working with (e.g. colour pencils Koh-i-noor)

Let us get started as soon as you feel ready!



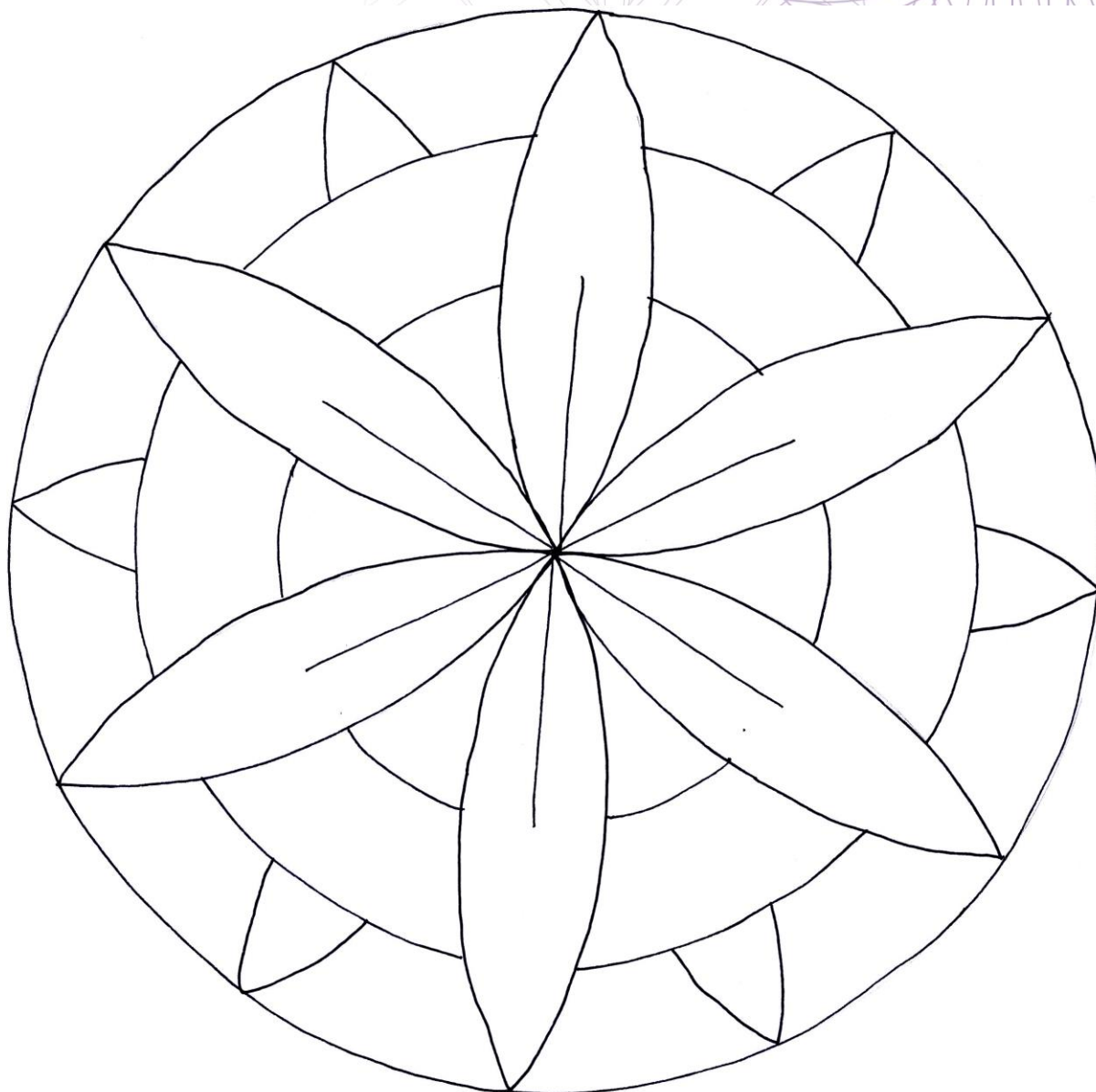


Centrum Mandala

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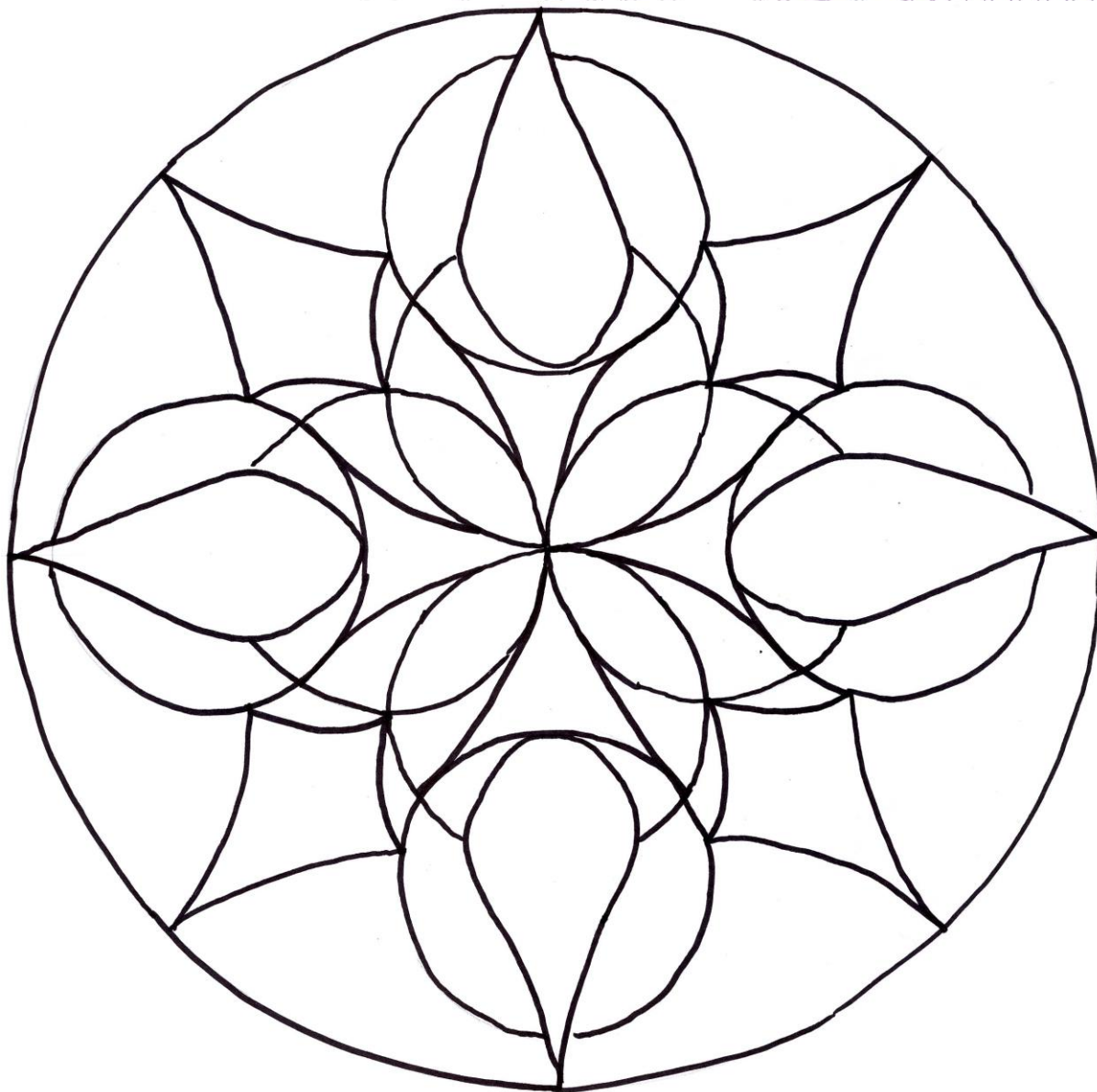




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